SPECIAL CYBER MONDAY GUIDE

DEALS, PLUS HOW TO SNEAK SHOP AT WORK. PAGES 21-24

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Mantua. Artist James Dupree wants the city to back off its eminent domain seizure of his art studio. He plans to create a museum for the neighborhood. PAGE 02

CONDEMNED TO FIGHT

Celebrated Philadelphia artist James Dupree poses for a photo inside his Mantua studio space. / CHARLES MOSTOLLER, METRO

Search on for West Chester student

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Waheedah Shabazz-El on AIDS in Philly

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Cumber this batch of unusual roles

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Seeking stress relief, colleges go to the dogs

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The best of Metro.us

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2 'GALLERY: A closer look at the new "Star Wars" trailer'

3 'Eagles stuff Cowboys in Thanksgiving feast'

On the go

Want to read Metro on your mobile device? Get the app! All you have to do is search for Metro US in the App Store or Google Play to get all the latest in news, sports, lifestyle and entertainment for free.

The exterior of Dupree Studios in Mantua. To the right, Philadelphia artist James Dupree poses for a photo inside his Mantua studio space. / CHARLES MOSTOLLER, METRO

Artist fighting plans to seize Mantua Museum

Mantua. An artist taking his eminent domain case to a higher court wants to leave a legacy for the neighborhood.

At Haverford Avenue and 36th Street, a brightly painted studio exterior is interrupted by a dark cut-out sculpture of a man's body, strung up by its neck, dangling over the sidewalk.

The figure was created by artist James Dupree in his ongoing battle to keep the studio from being condemned by the city so a private developer can build a shopping plaza.

"The law is so binding it's like being lynched," Dupree, 64, said of the city's use of eminent domain to seize his studio. "This law kills people."

Dupree, who calls himself "the Black Picasso," is currently preparing work for a show at Art Basel in Miami.

He lost his bid to block the seizure of his Mantua space in the Court of Common Pleas, and his attorneys will file an appeal with Commonwealth Court next week.

Dupree says he's battling to save a piece of Philadelphia's character, and wants to preserve his studio, filled with 30 years of his own works, as The Dupree Studio and Museum in Mantua, holding art and artifacts from the neighborhood.

Visit **Metro.us** to read more about the fight over Mantua Museum.

Quoted

"I didn't know what eminent domain was. I had no idea that our city, state, government could do that to a homeowner."

Dupree

"When this becomes University City, and they decimate the community, Mantua will no longer be Mantua. The Mantua museum will be the repository of what it once was,"said Dupree, who believes his studio was condemned to hasten student-friendly development from nearby Drexel University.

The proposed Westview Plaza would cover four blocks with a supermarket and other stores. Dupree's studio would become a parking lot.

"The opportunity to bring fresh food options to this neighborhood could be lost if we don't find an adequate resolution," said Office of Housing and Community Development spokesman Paul Chrystie.

The Philadelphia Redevelopment Authority offered Dupree $600,000 for his 8,600-square-foot studio, or a swap for a decaying building nearby.

Dupree says the renovated studio, which records show he bought for $173,000 in 2005, is worth more than $2 million in the developing neighborhood. At 34th and Baring streets nearby, a 4,800-square-foot home sold for $700,000 just months ago.

Neither the developer nor City Councilwoman Jannie Blackwell, who represents the area, responded to requests for comment.

SAM NEWHOUSE
@scnewhouse
sam.newhouse@metro.us

Movember reign. Bucks County man finishes second in fundraiser

A Bucks County resident came in second place nationally in the annual Movember campaign after raising more than $41,000.

Mike Kavanaugh, of Newtown, wrote on his pledge page that losing his grandmother, mother and wife to cancer stirred him to grow a mustache this year to raise money for cancer research.

"Why Movember? Because this is where I can make a difference," he wrote.

The Movember foundation, which challenges men to grow a mustache for November, has raised hundreds of millions internationally for men's health programs. METRO

Mike Kavanaugh and his whiskers / US MOVEMBER

Manayunk

Search continues for missing student

Montgomery / COURTESY PHOTO

Hundreds of volunteers and police searched over the weekend for Roxborough native and West Chester University student Shane Montgomery, 21, who disappeared on the night before Thanksgiving.

Montgomery was last seen leaving Kildare's Irish Pub. Marine units were searching the Schuylkill on Sunday. METRO

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Ask SEPTA

JOE CASEY

SEPTA GENERAL MANAGER

Send your questions about SEPTA services and other issues about the transit agency to tommy.rowan@metro.us. They will be forwarded to Joe Casey who will answer them in a special monthly column here.

ARTICULATED BUSES; DRY AT DILWORTH PLAZA

Route 27 during the weekday rush hour desperately needs articulated buses. It's completely packed, standing room only heading to Plymouth Meeting/Barren Hill at weekday rush hour using smaller buses.

DAN, MANAYUNK

The decision as to which routes they are assigned to is made on overall ridership, to assure the most efficient use of the fleet for the entire day. Routes 33 and 48 are those type of routes, carrying 15,000 and 8,500 passengers per weekday with heavy passenger loads throughout the day. Route 27 carries 5,000 passengers daily with passenger demand requiring frequent peak-hour service, but only a 30-minute frequency needed midday and evenings. Therefore, the larger buses would be underutilized for many trips. As Route 27 operates on the Schuylkill Expressway, traffic conditions sometimes result in service delays which can affect passenger loads and result in the crowding conditions you sometimes experience.

During the Dilworth Plaza construction a few years ago, a gate was placed that prevents pedestrians from walking between the eastern edge of the concourse, along Market Street from 8th, and the North-South concourse at Broad Street. As the weather turns cold and snowy, it is nice to have a warmer, drier, underground walking option. ED GRACELY, SICKLERVILLE, NJ

With the new configuration of Dilworth Park, that east side passageway now leads directly inside the paid area of the east fare line at the new SEPTA transit entrances. Removing the gate would allow people free access to the Broad Street Line, Market-Frankford Line and trolleys. Needless to say, this passageway is permanently closed and the gate will remain locked.

Travel tips

"In the meantime, when you approach Dilworth Park, follow the concourse system paths that circle around the SEPTA entrances."

You can still walk underground between 8th & Market and the Comcast Building. In the Spring we'll be improving the signage.

In the meantime, when you approach Dilworth Park, follow the concourse system paths that circle around the SEPTA entrances. Under the north side of Market Street look for signs directing you to the Municipal Service Building (when you see the red and white Aztec-like wall tile you know you're going the right way).

Under the south side of Market Street look for signs to Walnut-Locust Station or the Market-Frankford Line's 15th Street Station.

Following these concourse pathways will allow you to remain underground during inclement weather.

Tony's Metro

Magic toy drive

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In addition to Toys for Tots, your toy donations go to local families who are receiving help from Institute for the Development of African-American Youth. METRO

METRO MAGIC

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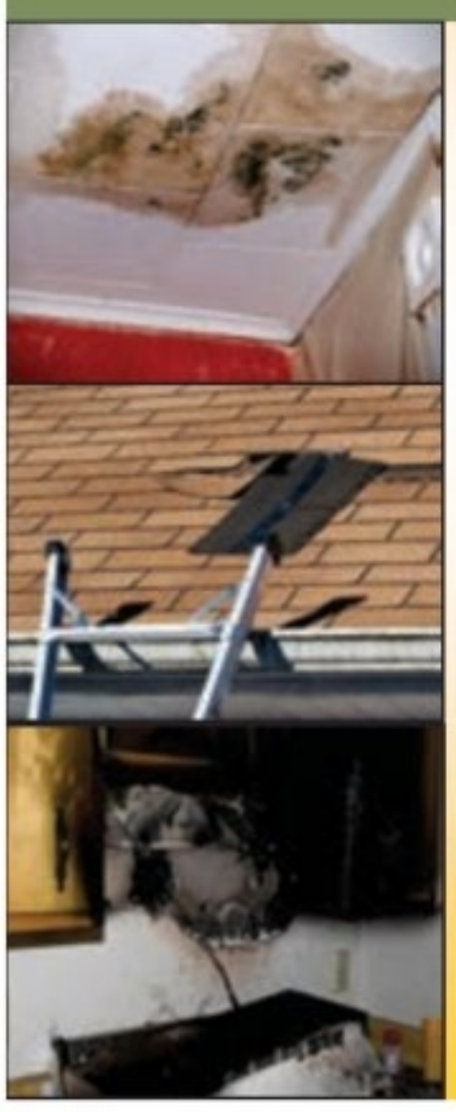
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'Different levels

Q&A. An AIDS activist talks with Metro about the virus and Philadelphians.

Waheedah Shabazz-El
FREEDOM G PHOTOGRAPHY

On World AIDS Day, Waheedah Shabazz-El, a long-time community activist and virus carrier, will receive the D. Rick Britt Award at the 11th annual Red Ribbon Awards on Monday.

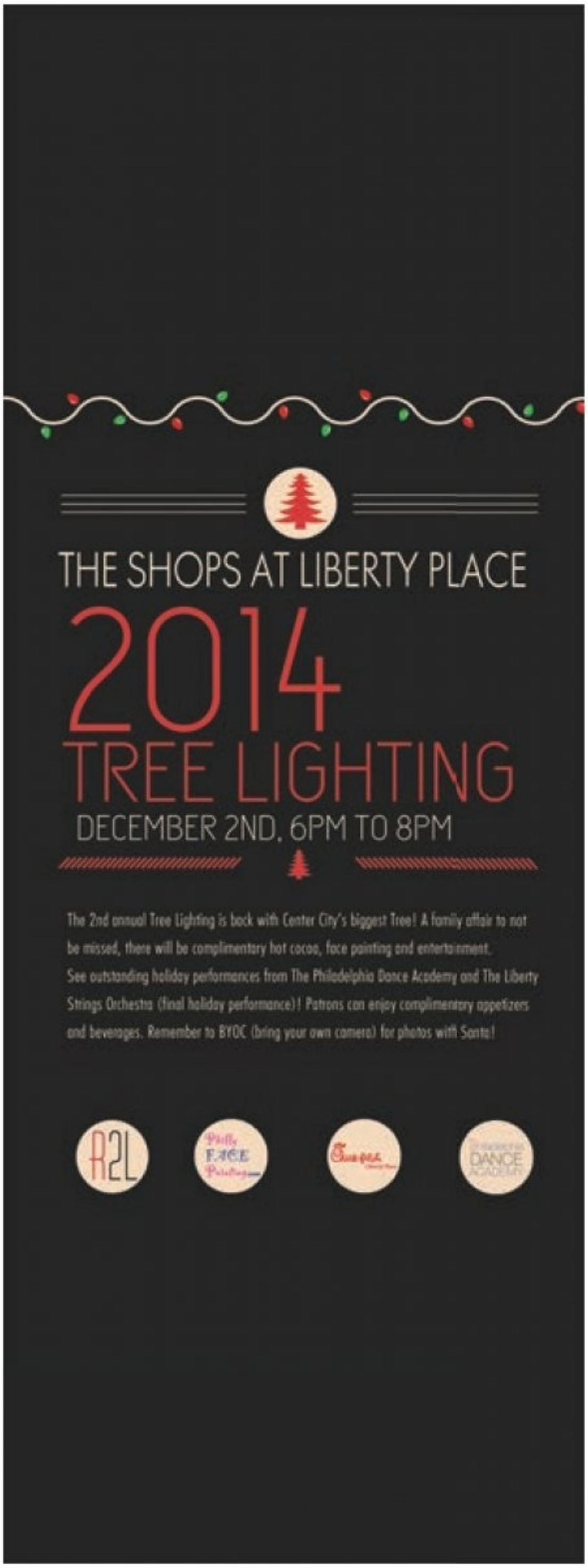
What is it like living with AIDS now?
Shabazz-El: Personally, for me, 10 years ago I thought it was the end of the world. Ten years ago everything was dark. The woman today is not the same woman who got that diagnosis. That woman had to die so this woman could live. It's been a process and it's different for everybody. … My quality of life is entirely different. My relationships are better. I have the best doctors, I've met friends around the world. I don't feel alone anymore. It's a very isolating feeling when you first contract this disease because of the stigma that comes with the disease. … Somebody had to do something very, very bad somewhere along the way. … but most of us just had sex, and sex is good. (For) most of us, our highest risk was falling in love. … The stigma goes up and down … and I think the health care has definitely improved.

Quoted

"I'm a grassroots organizer and I'm able to deliver a message about HIV in a human-rights framework and through a gender-lens for women."
Shabazz-El

Are you optimistic that the fight against AIDS can be won?
We're going to a have a vaccine, but (it will be) for people who are HIV negative. As a person living with HIV, the vaccine won't work for me. And there are different levels of cure. A cure could mean that instead of taking medicine every day I could take it once a month. We're on the horizon, but nothing happens without the resources.

What's the status of the virus in Philadelphia?


THE SHOPS AT LIBERTY PLACE
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R2L
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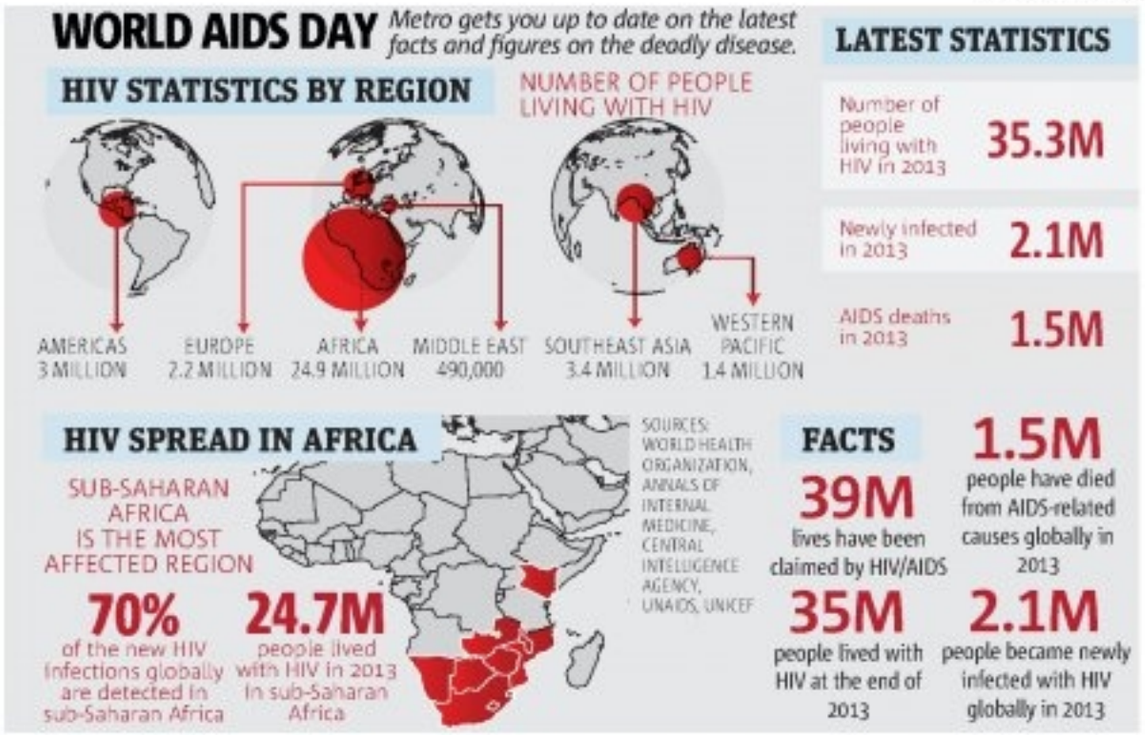
# of cure' for AIDS

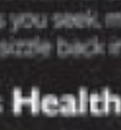
METRO WORLD NEWS


WORLD AIDS DAY
Metro gets you up to date on the latest facts and figures on the deadly disease.
HIV STATISTICS BY REGION
NUMBER OF PEOPLE LIVING WITH HIV
AMERICAS 3 MILLION
EUROPE 2.2 MILLION
AFRICA 24.9 MILLION
MIDDLE EAST 490,000
SOUTHEAST ASIA 3.4 MILLION
WESTERN PACIFIC 1.4 MILLION
LATEST STATISTICS
Number of people living with HIV in 2013 35.3M
Newly infected in 2013 2.1M
AIDS deaths in 2013 1.5M
HIV SPREAD IN AFRICA
SUB-SAHARAN AFRICA IS THE MOST AFFECTED REGION
70% of the new HIV infections globally are detected in sub-Saharan Africa
24.7M people lived with HIV in 2013 in sub-Saharan Africa
SOURCES: WORLD HEALTH ORGANIZATION, ANNALS OF INTERNAL MEDICINE, CENTRAL INTELLIGENCE AGENCY, UNAIDS, UNICEF
FACTS
39M lives have been claimed by HIV/AIDS
1.5M people have died from AIDS-related causes globally in 2013
35M people lived with HIV at the end of 2013
2.1M people became newly infected with HIV globally in 2013

There are certain communities that are doing better than other communities, but then certain communities have certain vulnerabilities. There are factors that you can't separate from HIV. We're not able to separate out poverty, we found out we're not able to separate intimate partner violence now from HIV, as we're studying the intersection of women and HIV and trauma. For people who have no health care, you can't separate that from HIV.

What can be done about those several inseparable causes?

The cornerstone to HIV prevention is affordable, stable housing. People who live in shelters who are HIV positive are not taking medication, people who don't have a place to store medicine or eat properly or have good hygiene are not going to become healthy, productive citizens again.



TOMMY ROWAN
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1. Viagra® Prescribing Information. Pfizer Inc. Revised January 2010.
2. Cialis® Prescribing Information. Lilly USA, LLC. Revised October 2011.
3. Levitra® Prescribing Information. Bayer HealthCare Pharmaceuticals. Revised November 2011.
4. AMS 700™ Patient Manual. Information and Instructions for Patients Considering an Inflatable Penile Prosthesis. American Medical Systems. 2012.

American Medical Systems, Inc. has sponsored funding for this patient seminar and accompanying educational material.

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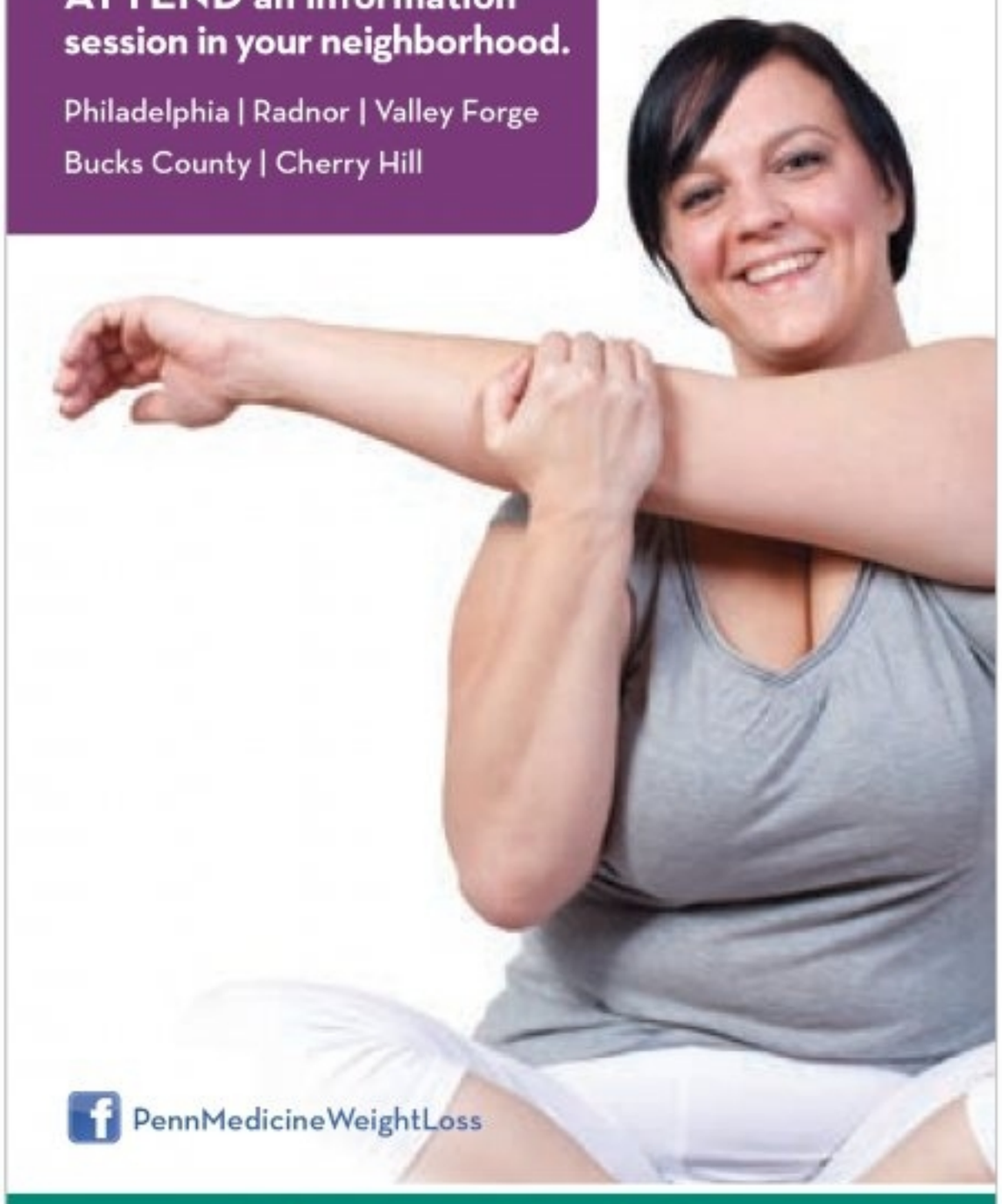

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Holiday shopping

Cyber Monday key to retailers' holiday success

The slower foot traffic puts pressure on retailers to wring more money from consumers in December, including during Cyber Monday's e-commerce blitz. Holiday shopping is key for retailers — with sales in November and December accounting for about 19 percent of annual revenue, according to the NRF — and more of that is shifting online.

Amazon / GETTY IMAGES

The Web may not be a savior for traditional retail, though.

While e-commerce orders are growing, they're still dwarfed by brick-and-mortar sales. The novelty of Cyber Monday also is dimming: The number of shoppers participating in the event is projected to decline.

So far, holiday shoppers have spent $22.7 billion online this season, up 15 percent from a year earlier, according to ComScore Inc.

Those numbers include more than $1.5 billion on Black Friday. BLOOMBERG

Even as an improving job market and lower gas prices have sent consumer sentiment to its highest level since the recession, many Americans are keeping a lid on Christmas shopping. / GETTY IMAGES

Black Friday sales drop as shoppers stay home

NRF-commissioned survey. The average shopper spent an estimated $381 over the weekend.

The holiday shopping season got off to a slow start in the U.S. this weekend, with consumers cutting spending by an estimated 11 percent and far fewer bargain hunters hitting stores than predicted.

Consumer spending fell to $50.9 billion over the past four days, down from $57.4 billion in 2013, the National Retail Federation said Sunday in a statement. It was the second year in a row that sales declined during the post-Thanksgiving Black Friday weekend, which had long been famous for long lines and frenzied crowds.

Consumers this year were unmoved by retailers' aggressive discounts and longer Thanksgiving hours, raising concern that the industry won't be able to pull out of a slump. The NRF had predicted a 4.1 percent sales gain for November and December — the best performance since 2011. Still, the group cast the latest numbers in a positive light, saying it showed shoppers were confident enough to skip the initial rush for discounts.

The Washington-based NRF had predicted that 140.1 million shoppers would visit retailers this weekend, a small decline from last year's 140.3 million. Instead, only 133.7 million showed up — despite many stores extending their hours during Thanksgiving to boost sales. BLOOMBERG

Quoted

"The holiday season and the weekend are a marathon, not a sprint. ... This is going to continue to be a very competitive season."

Matthew Shay, NRF CEO

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*Savings Pass and Promo Code not applicable on Cyber Monday Coat Special. Stay in touch. Go to lordandtaylor.com to register for emails. Charge it with your Lord & Taylor credit card. We also accept American Express,® Mastercard,® Visa® and the Discover® Card. Free standard shipping on online orders of $99 or more. In-store and online sale ends Monday, December 1. All offers, unless otherwise specified, are not available at Lord & Taylor outlet stores. Savings off original and regular prices. Intermediate markdowns may have been taken. No adjustments to prior sale purchases. Selected collections; not every style in every store. Our regular and original prices are offering prices only and may or may not have resulted in sales. Advertised merchandise may be available at sale prices in upcoming sale events. Prices, savings and selection may differ by store and on lordandtaylor.com. For the Lord & Taylor location nearest you, visit our website or call 1-800-223-7440.

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Temple Health refers to the health, education and research activities carried out by the affiliates of Temple University Health System (TUHS) and by Temple University School of Medicine. TUHS neither provides nor controls the provision of health care. All health care is provided by its member organizations or independent health care providers affiliated with TUHS member organizations. Each TUHS member organization is owned and operated pursuant to its governing documents.

Ferguson cop who shot teen quits job

Officer. Wilson will not receive a severance payment or continued benefits, Mayor James Knowles said.

Darren Wilson, the white police officer whose shooting of an unarmed black teenager sparked racial unrest in Ferguson, Missouri, resigned from the force in response to threats, the town's mayor said today.

"We've now severed ties with Officer Darren Wilson," Knowles said.

While the city of Ferguson didn't seek Wilson's resignation, Knowles said he hoped it would help calm some of the unrest produced by nightly protests outside the police station. Knowles also said the city had created a civilian review board to evaluate police policies and step up efforts to recruit more officers from minority communities.

Wilson learned about threats to police officers "related to his continued employment" and decided it would be better to resign, his attorney, Neil Bruntrager, said in an interview today on "Fox News Sunday." He didn't provide more detail.

"When Darren was told that, he simply said, 'That's enough,' and it was time to resign," Bruntrager said.

A grand jury examining evidence in the case declined last week to bring charges against Wilson, 28, who shot and killed teenager Michael Brown in August in the St. Louis suburb.

Two people were arrested in Ferguson Saturday night, following at least 16 arrests the prior evening, according to the St. Louis County Police. Demonstrators angry at the grand jury decision also shut down shopping malls and planned a 120-mile march to the Missouri capital to protest the killing.

BLOOMBERG

A "wanted" poster is seen near the Ferguson Police Department. / GETTY IMAGES

Quoted

"I'm not willing to let someone else get hurt because of me."
Wilson told the St. Louis Dispatch

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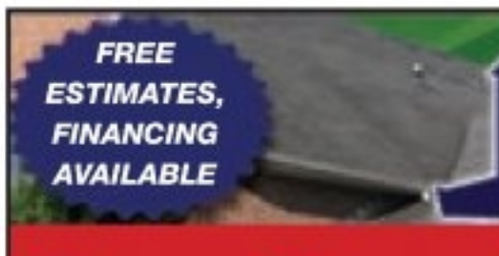

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Endorsement. Ronaldo beats Messi with Facebook posts worth $147,750

Cristiano Ronaldo and Lionel Messi / GETTY IMAGES

Cristiano Ronaldo snatched the last world soccer player of the year title from Barcelona's Lionel Messi, and the Real Madrid forward is winning the competition to be the sport's top endorser on Facebook Inc. as well.

A post by the Portugal national team player is worth an average of $143,750 of advertising for the brand he's endorsing, twice that of four-time player of the year Messi, according to research by Cologne, Germany-based consultancy Repucom using fan engagement and online advertising rates. A post by Argentina's Messi is worth an average of $62,500, Repucom said.

Soccer players are dedicating time to social media with a view to commanding bigger endorsement deals, Max Barnett, Repucom's head of digital in the U.K. who has advised soccer players on strategy, said by telephone.

"Ronaldo is the king in Facebook," Barnett said.

About "five or six" people work on Ronaldo's social media, according to Luis Correia, chief executive officer of Lisbon-based Polaris Sports Ltd., which manages his image rights. A spokesman for Messi's affairs who spoke on the condition of anonymity said by phone from Barcelona that he also has a "small team" focused on his Internet presence.

Ronaldo has 102.5 million Facebook followers to Messi's 75.7 million, and the value is also created because he gets more "likes" and comments, according to Barnett.

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Quoted

"People like Cristiano because he has a strong personality." Correia

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ADHI PRAYOGA / SOLENT NEWS

Zoom

Ants try to carry water to nest

A colony of ants look like they've struck gold as they work together to try to move a giant ball along a thin branch. But what appears to be a priceless nugget is actually a precious droplet of water. As many as two dozen weaver ants gather on the branch in a bid to carry the droplet back to their nest.

METRO WORLD NEWS

Photographer says:

"The ants worked hard, but the dew melted due to heat and light and the movement from ants. After that, they began to overheat and perform activities under the grass and in the nest in order to avoid the heat."

Adhi Prayoga, 42, photographer from Mataram, Indonesia

Weaver ant facts

- **Nest-building:** Ants create strong ant chains by linking legs to pull and bend plant leaves into desired tentlike constructions. They use their own larvae to secrete a silk used to stitch leaves together.
- **Pest control:** About 1,700 years ago, farmers in China first used weaver ants to keep rodents out of their citrus orchards.

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2

CULTURE

Twitter feed

Today in what famous people are saying online, Sarah Silverman is worried about her progress, Chloe Grace Moretz is a master of online etiquette and Iggy Azalea is really, really getting into the spirit of the season.

@SarahKSilverman: I have 3 spoons. I am a full grown woman & I own 3 spoons. Shouldn't I have like 10-12 spoons?

@ChloeGMoretz: Stealing pics from people's private accounts is rude and invasive. Just don't do it

@IGGYAZALEA: Santa snow spray is addictive. I'm spraying my entire house. F--- it.

1

Shia LaBeouf says he was raped during his gallery stunt

Hey, remember earlier this year when Shia LaBeouf set himself up in a Los Angeles art gallery with a bag over his head to have staring contests with strangers for five days? Good times. Actually, as it turns out, it wasn't so good for LaBeouf himself.

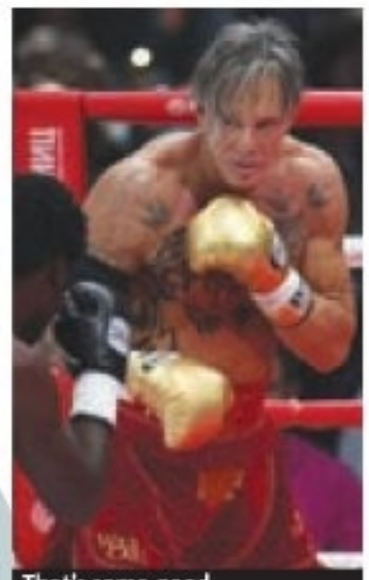
"One woman who came with her boyfriend — who was outside the door when this happened — whipped my legs for 10 minutes and then stripped my clothing and proceeded to rape me," LaBeouf says in an email interview with Dazed and Confused magazine. "Then [she] walked out with her lipstick smudged to her awaiting boyfriend who I imagine was quite hurt by it."

To make things even more absurd, this happened when his girlfriend, Mia Goth, was coming to visit the show and he couldn't talk to her about it because, art, man. "It was Valentine's Day and I was living in the gallery, sleeping in a sleeping bag for the duration of the event," he explains. "We were separated for five days. No communication. So it really hurt her as well, as I guess the news of it traveled through the line."

ALL PHOTOS GETTY IMAGES

Former comeback kid Rourke a 60-something boxing champ

A nearly unrecognizable Mickey Rourke took to the ring at age 62 to defeat a 29-year-old opponent during a boxing match in Russia over the weekend, and if it all sounds too good to be true, that's because it probably is. Footage from the bout shows Rourke leveling former California Golden Gloves champ Elliot Seymour with a couple of suspiciously weak-looking blows. Rourke had a three-year boxing career that ended more than 20 years ago, and he says this victory is just the beginning, as he has another four fights planned. "I've got some things going on in my life, so [boxing has] sort of saved me from myself,"



That's some good acting, er, boxing.

Rourke recently told Russian television. "And for a man like me, it's better to live in fear than go on in shame." Whatever works for you, buddy.

3

James Cameron promises horrible bowel problems with new 'Avatar'

Either director James Cameron either needs to reconsider his phrasing when trying to get people hyped for the "Avatar" sequels or he has some truly terrifying plans for moviegoers. Speaking to Empire about the second, third and fourth films in the franchise he's been talking about for four years now, Cameron insists "you will s— yourself with your mouth wide open" when you finally see them. Sounds fun! He also confirmed the films will be in 48 frames per second, a gimmick Peter Jackson stopped talking about as soon as people saw the first "Hobbit."

THE WORD

Ned Ehrbar takes on the world of gossip.

NED EHRBAR
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Daily video

If George Lucas had made the new Star Wars trailer

Sure, we were all giddy seeing the "Star Wars: The Force Awakens" trailer over the weekend. But something was missing, and that something was the magic touch of franchise creator George Lucas, who famously can't leave well enough alone. So a fan made

YOUTUBE, TIMTIMFED

a Lucas-tinged "special edition" of the teaser, complete with extra creatures and noise CGI'd in, just like Lucas did to the original trilogy. So enjoy — and give thanks for J.J. Abrams. Hey, look! Jabba the Hutt!

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Box office. Audiences preferred action-free 'Hunger Games' to so-so newfangled releases

"The Hunger Games: Mockingjay — Part 1," the third film in the dystopian action series starring Jennifer Lawrence, collected $56.9 million to hold off advances by new films "Penguins of Madagascar" and "Horrible Bosses 2," thus claiming victory at the holiday weekend box office.

"Penguins of Madagascar," the fourth in the series of "Madagascar" films, waddled into second place on its opening weekend, with $25.8 million at U.S. and Canadian theaters for the three days ending on Sunday.

Walt Disney's "Big Hero 6," the box office champion three weeks ago, was third with $18.8 million in ticket sales. The film has generated $167 million since its Nov. 7 release.

"Mockingjay," which stars Lawrence as young archer Katniss Everdeen who leads a rebellion, recorded $82.7 million over the five-day Thanksgiving Day weekend and has generated more than $225 million since opening on Nov. 21. It now has a global take of $480 million.

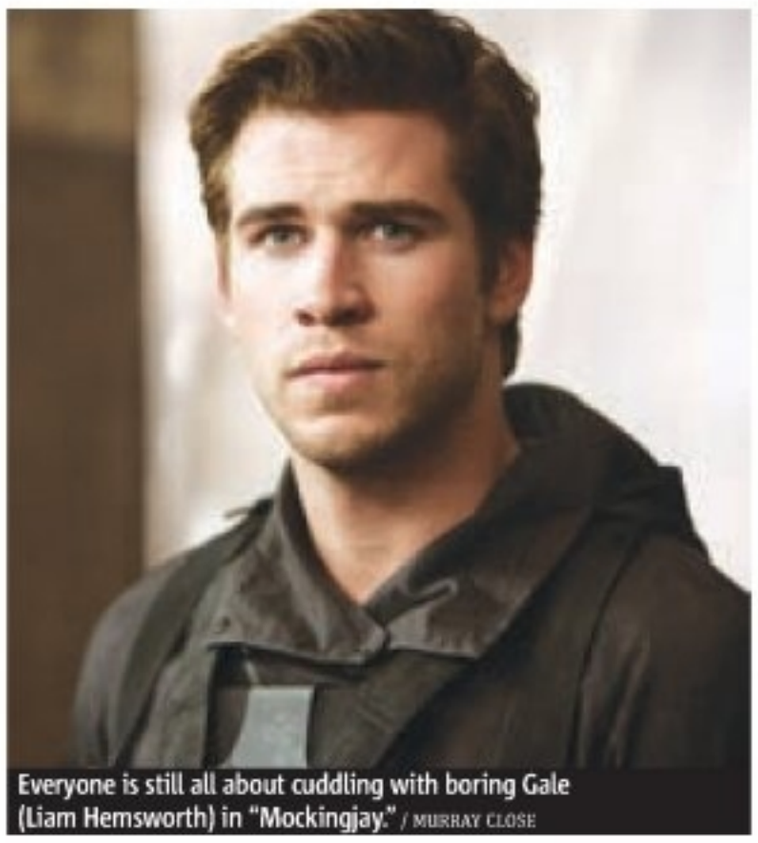
"Penguins" added another $36 million from overseas box offices for a global total of $72 million, according to distributor 20th Century Fox.

Rounding out the weekend's top five, director Christopher Nolan's space adventure Interstellar, starring Matthew McConaughey, took in $15.8 million, boosted by premium-priced IMAX screenings, while the new Jason Bateman-Jennifer Aniston film "Horrible Bosses 2" was fifth with $15.7 million.

REUTERS

Top 5 earners

1. 'The Hunger Games: Mockingjay — Part 1' $56.9 million
2. 'Penguins of Madagascar' $25.8 million
3. 'Big Hero 6' $18.8 million
4. 'Intersteller' $15.8 million
5. 'Horrible Bosses 2' $15.7 million



Everyone is still all about cuddling with boring Gale (Liam Hemsworth) in "Mockingjay." / MURRAY CLOSE

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Not your generic boy wonder

Typecast. Benedict Cumberbatch is more than just the smartest guy in the room.

Benedict Cumberbatch seems to have a type. From Sherlock Holmes in BBC's "Sherlock" to World War II code breaker Alan Turing in this winter's Oscar buzz-worthy "The Imitation Game," Cumberbatch has become synonymous with flawed-but-arrogant geniuses. Even this time last year, he was playing WikiLeaks founder Julian Assange in "The Fifth Estate." But if that's the only way you see him, then you're not getting the whole picture.

EVA KIS
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The faithful soldier: Christopher Tietjens, 'Parade's End'

Cumberbatch has described his character in the World War I drama as the one he's most attached to. Tietjens is a simple man who values tradition and lives life by the rules, in his duty as a soldier and as a husband to a manipulative Rebecca Hall ("The Prestige"). It's a philosophy that makes his encounter with a suffragette and all that a new life with her would entail fraught with anticipation. This one made more than a few stiff upper lips quiver.

The bumbling pilot: Captain Martin Crieff, 'Cabin Pressure'

As a young pilot with more passion than skill for flying, Cumberbatch is the overeager heart of a small private charter firm on the BBC radio comedy "Cabin Pressure."

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The philosopher: The Creature, 'Frankenstein'

Over the course of Danny Boyle's stage adaptation of "Frankenstein," Cumberbatch's Creature struggles with being made of human parts but knowing little of what it means to be one. The Creature rejoices and struggles with in equal measure himself, the world and his creator, veering between love and fear, leading him to the most human act of all: revenge.

ALL PHOTOS PROVIDED

The small-town boy: David, 'Wreckers'

Trees are never the only thing that's shady in the English countryside; the trope was even lampooned in "Hot Fuzz." The idea that those who go to the city are escaping something is alive and well in "Wreckers," where a young couple return to his childhood home to start building a life together. But as soon as they arrive, Cumberbatch becomes less devoted husband and more a product of the abuse and incest that permeate the town — and possibly his relationship with his brother.

The semi-sympathetic villain: Khan, 'Star Trek Into Darkness'

Though he began the story as a space-age terrorist out to do as much damage to Starfleet as he can, Cumberbatch's villain Khan turned out to have a personal agenda when it was revealed that he was trying to free his crew, who had been imprisoned by a Starfleet officer. Cumberbatch goes from fury to tears as Khan is revealed to have been manipulated into killing in the name of keeping the peace.

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Eat like a Euro of Hollywood

Reality TV. Massimo Dobrovic gives us a sweet treat to enjoy for the holidays.

The stars of Bravo's latest reality series, "Euros of Hollywood," know how to create TV drama, but they have other talents. Austria-born Fawni is a pop star and painter, Bleona Qereti is a singer and recent red carpet attention-grabber from Albania, and Denmark native Jannik Olander runs a jewelry company with a busy storefront on Melrose in LA.

And some of them have multiple passions, as it turns out, like aspiring actor Massimo Dobrovic. In addition to being a model and choreographer, Dobrovic is also a pretty impressive chef. He even prepared a special eight-course dinner for us to show off his Italian cuisine skills

TUNE-IN INFO: "Euros of Hollywood" airs tonight at 10:30 on Bravo (it usually airs at 10 p.m.).

NED EHRBAR
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MASSIMO DOBROVIC IS NOT ONLY A MODEL AND CHOREOGRAPHER, BUT ALSO A CHEF. / BRAVO

Recipe. Dobrovic's Italian Tiramisu

Ingredients

- 14 oz Savoiardi biscotti
- Two 8-oz containers of mascarpone
- 1 1/3 cups of espresso
- 3/4 cup granulated sugar
- 4 eggs
- Pinch of salt
- Bitter cocoa for dusting

1 Beat egg yolks and sugar in a large bowl until they look pale and thick. Add the mascarpone and mix gently until very stiff.

2 Beat egg whites and a pinch of salt in a separate bowl until soft peaks form. Gently fold them into the mascarpone mixture.

3 Prepare the espresso, pour it into a shallow dish and let it cool down. Dip the Savoiardi quickly into the coffee one at a time and arrange them side by side in a serving dish. Cover the biscuits with the mascarpone mixture. Use all the Savoiardi and cream to form more layers.

4 Top with a layer of cream mixture. Dust the top with cocoa. Refrigerate, covered, for at least four hours before serving.

The reality star shared his dessert recipe with us. / BRAVO

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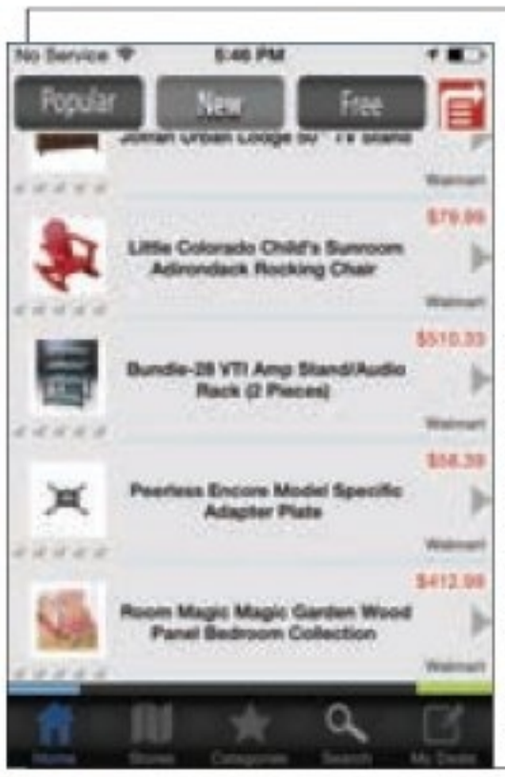
3 sales apps to get you through Cyber Monday

Mobile. Monday is yet another big sales day. Here's how to do it all from your phone.

Most stores keep their Cyber Monday deals close to the chest, not revealing them until they've gotten you out of the house for the Black Friday weekend. But why not wait and do it all from your PJs on your phone or tablet? Here are three apps that will best serve your holiday buying:

MATT PRIGGE
@mattprigge
matt.prigge@metro.us



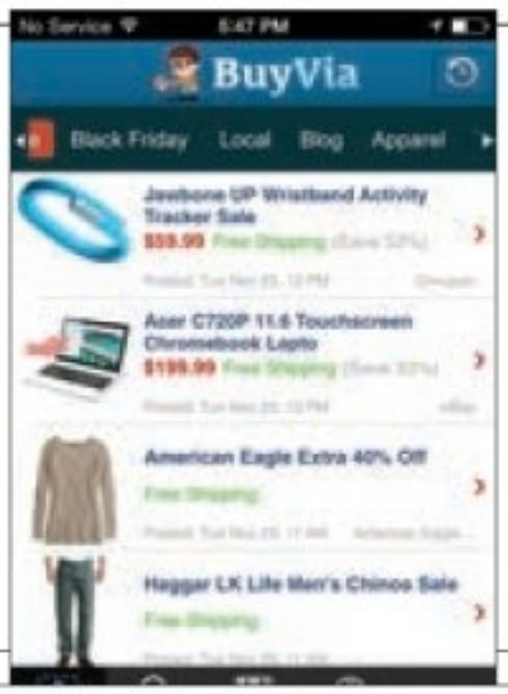
TGI Cyber Monday

This app has one job to do, and though it ain't pretty, it's comprehensive. You can search multiple items at the same time and save your favorites for later, after you've had the chance to soberly weigh your options.

RetailMeNot

Purple and barebones, this one is all about coupons, with one of the largest collections in the Webosphere. Also a year-round app that's perfect for CM, it's about personalizing the experience, with it getting up in your business about how you want to blow your money.

ALL IMAGES PROVIDED



BuyVia

It's best to trust the app with the cute icon of the nerd at the top. Not only does BuyVia know how to round up some Cyber Monday deals, but you can let it hog space on your phone's hard drive long after the day passes. As it happens, it's a year-round deal hunter. On top of that, it alerts you to sudden price drops. And on top of that, it has a scan function, allowing you to compare prices you see in a store with deals elsewhere. The future is amazing.

PLUS

Cyber Monday at work

How not to get caught

CATHARINA THUEMLING

Here are some ways to shop at work without getting busted:

Pretend to be busy: Use the command Windows+D (PC) or F11 (Mac) to leave shopping pages.

Push the "Boss Button": With Chrome you can press the Boss Button extension, allowing you to hide shopping websites.

metro

HOLIDAY GIFT GUIDES

DECEMBER 4, 2014
Hostess gifts, stocking stuffers, and DIY food gifts.

DECEMBER 11, 2014
Our haute holiday gift guide for him and her, packed with amazing gifts.

DECEMBER 18, 2014
Still looking for that perfect present? We've got lots of smart, last-minute suggestions that are sure to please.

A guide series to the coolest gifts to give (and ask for) this holiday season.

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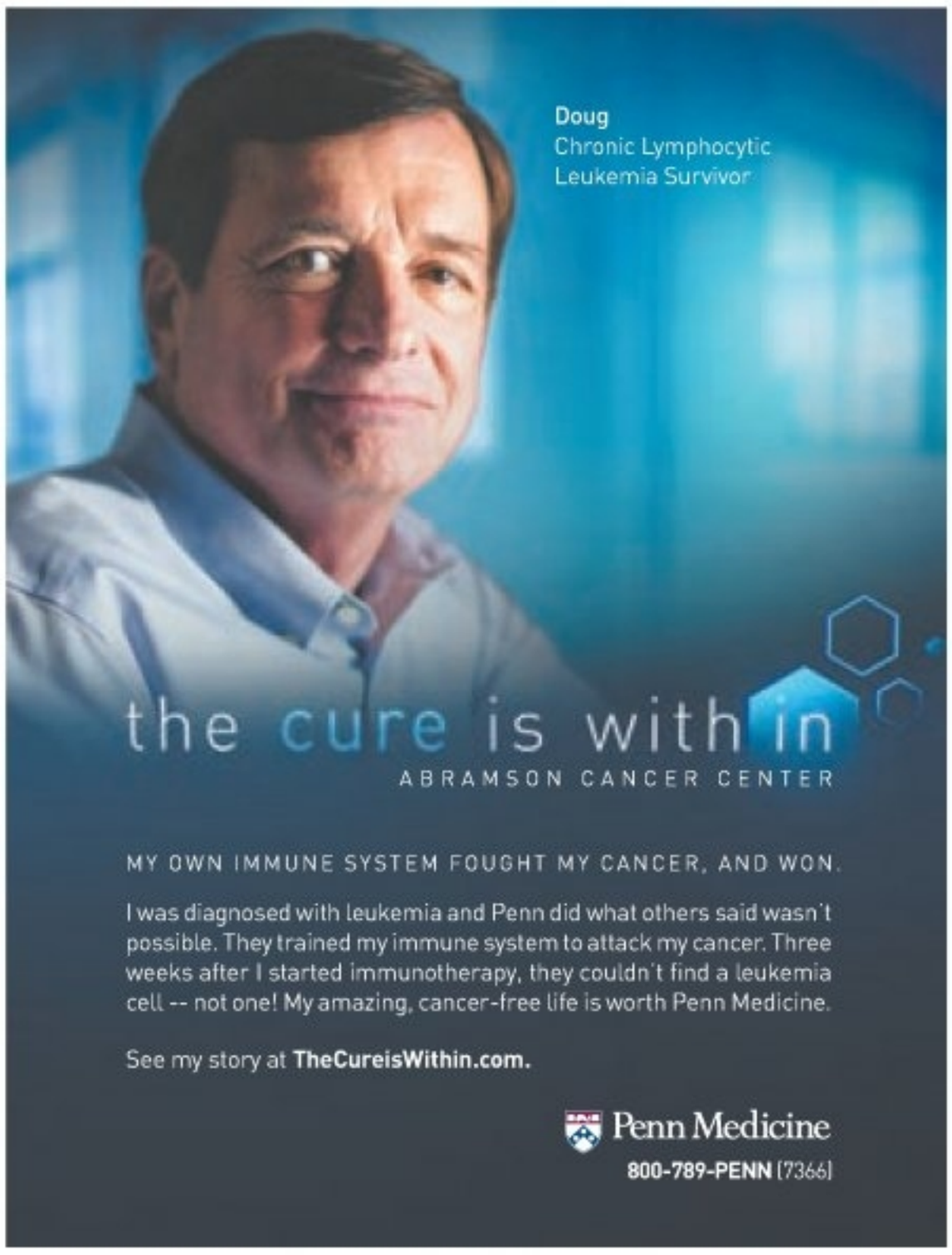
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phillyfun GUIDE

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The best Cyber Monday deals

Retail. Here's how to save big on style.

Black Friday is for suckers. If you prefer to do your damage online, away from the crazies and awful lines, here are a few sites to hit up.

TINA CHADHA
@TinaatMetro
tina.chadha@metro.us

These sweet deals give you a good reason to smile. / THINKSTOCK

RedEnvelope

Gift destination RedEnvelope is offering over 50 percent off and free shipping on items like plush terry robes (always perfect for moms) and a sleek five-piece cocktail set (you know, for those fab parties you're planning to throw).

Net-a-Porter.com

Forget Santa — be very, very bad this holiday season and snag yourself (fine, or someone you love) something fancy from Net-a-Porter.com. The luxury fashion site has marked down items up to 50 percent off, including pieces from Alexander McQueen, 3.1 Phillip Lim, Aquazzura, Burberry, DVF, Michael Kors, Stella McCartney and more.

Rent the Runway

Why show up to your work holiday party in jeans and a sweater when you can blow your co-workers away with designer cocktail attire? Rent the Runway will take 20 percent off any rental order over $75. Your can also pick up a festive frock at Rebecca Taylor, who is offering 30 percent off the entire site.

Onassis

Gift hunting for a dude? Score a sleek leather briefcase or dapper topcoat at hip men's boutique Onassis, which is offering 50 percent off at Onassisclothing.com.

All that sparkles

Because you need some bling this holiday

Melissa Joy Manning
Get 25 percent off with the code MJM25.

Alexis Russell Jewelry
Get a free 14K gold column ear cuff with every purchase. Enter the code EARCUFF.

Venessa Arizaga
Get 50 percent off all items, excluding existing sale goods.

Miriam Haskell
Get 25 percent off with the code MHMONDAY.

Gold & Gray Jewelry
Get 40 percent off with the code CYBER40.

NOW is the time to apply to schools!
The application deadline for School District of Philadelphia schools is December 12, 2014. Deadlines for some charter and private schools are in early 2015.
Text PHILLY to 97779
or visit greatphillyschools.org
for application tips and deadline reminders.

Kids. See which sites are letting parents score big with savings

The holidays leave many parents cash-strapped, but you can score some sweet Cyber Monday deals all day today. From toys to kids' clothes, some of your favorite retailers are slashing prices in a big way.

Whether you're shopping for your own little ones or gift-hunting for someone else's kid, here's where to score the best deals on goods for children and infants.

Blabla Kids is offering 10 percent off its handmade dolls and toys for Cyber Monday. / BLABLA KIDS

7 A.M. Enfant

Get your baby outfitted for winter with 30 percent off your entire purchase. Use the discount code CYBERMONDAY30. **7AMEnfant.com**

Diapers.com

You can get 30 percent off your entire purchase by using the code JOLLY14 at checkout. This site has way more than just diapers — you can find everything from car seats to strollers and cribs on it. **Diapers.com**

YoYo.com

Get 30 percent off your child's favorite brands. YoYo.com is offering huge deals on toys from Melissa & Doug, LEGO, Barbie, Crayola, Leap Frog and more. **YoYo.com**

Blabla Kids

Blabla has adorable handmade dolls, toys and supersoft children's bedding — and it's all 10 percent off when you use the online code GIVETHANKS10. **BlablaKids.com**

Magic Beans

Head to MBeans.com to get 20 percent off all toys using the code CYBERMONDAY. The retailer is also offering free gift wrapping and shipping for purchases over $75. **MBeans.com**

Skylar Luna

Get 20 perfect off Skylar Luna's adorable, eco-friendly pajamas for kids. **SkylarLuna.com**

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*National Research Council. (2003) Elder mistreatment: Abuse, neglect and exploitation in an aging America. Washington, D.C.: The National Academies Press

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Wednesday, Dec 3 | 5:30–8:45 p.m.
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Art After 5: *Nutcracker* Holiday Party
Friday, Dec 5 | 5:00–8:45 p.m.
Journey through Toyland—led by The Divine Hand, with Mano Divina

Caroling through the Galleries With the Pennsylvania Girlchoir
Saturday, Dec 6 | 1:00, 2:00 & 3:00 p.m.
Sing-along amid masterpieces

Family Festival: All That Sparkles Pay What You Wish
Sunday, Dec 7 | 10:00 a.m.–3:00 pm.
Create art that twinkles and dance to festive music

For a full list of our Holiday offerings visit philamuseum.org/holidays

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MoonandArrow.com

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TheAtelierBlog.com

Pinot Boutique

Buy one wine class and get one free, and get a lanyard and free shipping when you spend $50 on accessories. Use code CYBERPINOT14.
PinotBoutique.com

Century21

One of the newer additions to Philly's shopping scene, the department store is offering 25 percent off one item. (OK, we know, it doesn't really fall into the "buy local" category — but have you seen their shoe department?)
C21Stores.com

Kimmel Center

While you're clicking through deals on TVs and phone cases, stop by the Kimmel Center's site from 9 a.m. to midnight and treat yourself to something that will get you off the couch and out of the house. Philly's performing arts hub is waiving the processing fees on tickets for all types of upcoming shows at an array of venues: Aretha Franklin, Indigo Girls, "Motown the Musical," "Stomp," dance troupe Philadanco and more.
KimmelCenter.org METRO

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Prevention is the new HIV/AIDS drug

World AIDS Day. There's a way for those at risk to remain uninfected.

Being far from the era when an HIV/AIDS diagnosis meant a rapid and often painful death is nothing less than great progress. But it's also made the task of wiping out the virus for good a victim of its own success, according to a doctor on the front lines of ending the epidemic.

Dr. Benjamin Young was in medical school in New York City during the mid '80s, when the AIDS crisis began, "a time of incredible suffering and death where most of the people I cared for up until 1995 died within months or years of their diagnosis," he says.

The prognosis for someone diagnosed today is a normal, full life — provided that he or she starts treatment and sticks with it. Drugs have gotten to the point that a single pill a day is enough for many to manage their viral load at undetectable levels.

"We've gone from desperation and ignorance to an era when we have all the tools that we need to end epidemic death," Young says. "The question is whether we have the political, moral and financial will to do it."

Mathew Rodriguez, 25, the community editor at TheBody.com, an online community for those living with HIV/AIDS, says many people now consider it a "chronic manageable disease." There's also a new conversation happening about a different kind of drug, pre-exposure prophylaxis. "PrEP was approved in 2012, and it's kinda taken two years but now the conversation is really, really ramping up," he says.

PrEP is a daily pill prescribed for people who are not infected but who have an HIV-positive partner or are otherwise at high risk of contracting the virus. The pill contains two medicines that fight HIV and work by preventing a permanent infection if the person is exposed to it.

Between PrEP and current treatments, ending HIV/AIDS is within reach. "The drugs are more tolerable than ever, there's less side effects, they are very effective," he says. "And now we know a lot more about the science of being undetectable and passing on the virus and how hard it is when you're in treatment."

EVA KIS
@thisiskis
eva.kis@metro.us

From left, "It's Not Over" director Andrew Jenks, Sarang Bhakre, the MAC AIDS Fund's Nancy Mahon, Paige Rawl and Miley Cyrus attend the film's premiere in Los Angeles. / GETTY IMAGES

Documentary

Millennials at risk

Young people's lack of knowledge about HIV/AIDS has the potential to set back efforts to eradicate the disease

According to a recent survey of American teenagers between ages 12 and 17, 1 in 3 didn't know HIV was sexually transmitted, and 99 percent don't think they are at risk of contracting the virus.

In the new documentary "It's Not Over," filmmaker Andrew Jenks follows three young people fighting very different battles with the disease: Sarang lives as an openly gay man with HIV in India, where homosexuality is outlawed; Lucky, who mentors youths in South Africa; and U.S. college student Paige, an activist who was born HIV positive.

Find out more at ItsNotOverFilm.com and watch it on Netflix.

PLUS

Truvada

Pre-exposure prophylaxis

In a study, the drug was shown to reduce HIV transmission rates by as much as 92 percent among gay and bisexual men. The pills require commitment to a daily regimen and follow-up visits with a physician every three months.

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Colleges turn to therapy dogs to help students deal with stress

Finals. Stress relief is only a wag of the tail away.

"Doggy!" This is the reaction most people have when a dog crosses their path. For years, studies have examined how dogs help people deal with difficult topics such as illnesses and grief.

Given this, it seems only natural that college campuses across the country would start to use therapy dogs to help relieve the significant stress among students that can build up as they juggle science labs, work-study jobs and writing 20-page papers.

Enter Jersey, an adopted Carolina blend who recently became Drexel University's first canine employee. (He even has his own official identification card.) With Jersey's hiring, Drexel has become the first university in the country to have an on-site therapy dog throughout the academic year.

Jersey can be found on the third floor of the recreation center in the office of Kathryn Formica, his owner and the coordinator of student fitness and wellness in the Drexel Recreation Center. Formica explains that she sees an average of 10 to 25 student visitors per day, but around midterms it spiked to 30 students or more.

"I was excited that he's not in a library setting, because it gets students into our building to see the gym facilities," Formica says. "They can see other alternative ways to relieve stress."

Dogs just make people happy, Formica

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Kathryn Formica and Jersey, hard at work in their shared office. / PROVIDED

notes in observing Jersey's popularity. "Jersey reminds them of home," Formica says. "He makes them feel safe and secure; he brings instant smiles and happiness."

So students, as the dread of finals approaches, even if your college doesn't have a therapy dog, seek out your own version of one. Here are a few suggestions:

Go for a stroll

Head to a local park near campus and park yourself on a bench. Trust us, you'll see lots of dogs walking with their humans.

Create your own private session

Find a pet store and pick an adorable dog to look at. That will get you at least 10 minutes of puppy love.

MOLLY CONGDON
@MetroPhilly
letters@metro.us

The bright side

Furry Therapists

Here are some other ways schools incorporate therapy dogs into campus life:

Harvard has a Shih Tzu named Cooper in their Library of Medicine, and New York University has had therapy dogs visit its campus to interact with law students.

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SELF-HELP GURU TONY ROBBINS: EVERYONE CAN GENERATE WEALTH

Generating wealth is something that people don't like to openly talk about — especially in the current economy. One person who hasn't had that problem is Tony Robbins, the most prominent leader in the self-help industry.

The companies that Robbins has founded or partnered with have a combined annual sales of more than $6 billion. Now Robbins is ready to explain how he gets things done with his new book "MONEY Master the Game: 7 Simple Steps to Financial Freedom." I talked to Robbins about some of the ideas and strategies he details in the book.

Tony Robbins is back with his first book since the 1990s. / PROVIDED

What did you learn from Charles Schwab and Carl Icahn about creating wealth?
What I learned that all of these people have in common is that the greatest investors in the world are obsessed with never losing. Most investors are trying to win. Their view is no matter how smart they are, they're going to be wrong and they can't afford to lose, so knowing this they have a plan to protect themselves.

How can a recent college graduate, with student loan debt, benefit from your financial action plan?
The first step of course is to make sure you're paying the least amount of interest on your current debt. The second step is to start automating a pattern for growing so that you can start tapping into compounded growth and move from being a debtor to an owner of the world's greatest businesses.

What are your top three pieces of career advice?
No. 1 is decide what matters to you most. Everyone is different. For some people what matters most is position and prestige. For some people it's money, and for others it's fun. For some people it's free time, for some people it's the ability to express their creativity unedited. You've got to know what's most important to you.

Secondly, everyone says, "Live your passion and the money will come." This simply is not true! It's possible to live your passion and the money will come, but only if the way you live your passion adds more value to other people's lives. In my case, I was able to find a way to have my passion and my work be one in the same.

Third, if you're going to succeed, there's only one secret: Every day, work harder on yourself than anything else. If you keep growing, then you'll have something to give.

Jobs advice

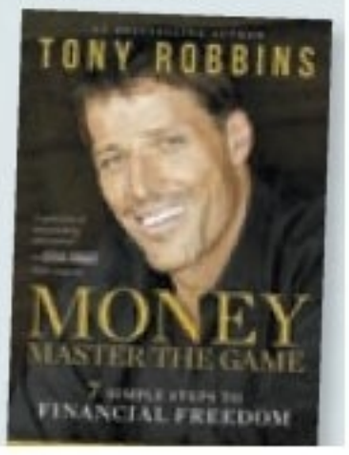
DAN SCHAWBEL

DANSCHAWBEL.COM

Dan Schawbel is a workplace expert, keynote speaker and author of The New York Times best-selling book, "Promote Yourself: The New Rules For Career Success."

Money matters

This is your first book in nearly two decades. Why did you decide to write a book about financial freedom now?
Well, I've spent the last 37 years of my life obsessed with helping people find answers to improve the quality of their lives — to create breakthroughs. I help them to create change in minutes that might have taken them months or even years, compressing decades into days. And when you look at it, there are only really a few areas of life that impact you most: your emotions, physical body, relationships and, of course, money.



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Horoscope

♐ Sagittarius | Nov. 22-Dec. 21. Use your versatility and quick wit to add a little spice to your life. You will be the center of attention if you network your skills.

♑ Capricorn | Dec. 22-Jan. 20. Listen to the voice of reason. You can avoid grief by following the advice of someone who has been in your shoes.

♒ Aquarius | Jan. 21-Feb. 18. Broaden your scope when considering your professional goals. You can provide a service that is in demand if you look for the right buyer, client or outlet.

♓ Pisces | Feb. 19-March 20. Be accepting and meet change with optimism. The best opportunities come when you least expect. Don't be too quick to judge.

♈ Aries | March 21-April 20. Discipline and focus will help you finish projects that need completing before the end of the year. Begin the year with a clean slates.

♉ Taurus | April 21-May 21. No matter what you are looking for, it's best if you are open and direct. Convey your wishes to people who have the power, knowledge to help you out.

♊ Gemini | May 22-June 20. There may be some upheavals at work concerning someone else. The changes will work in your favor if you take on responsibilities.

♋ Cancer | June 21-July 22. Don't get drawn into a squabble with a friend or relative. If you allow your temper to flare up, you will say something you'll regret.

♌ Leo | July 23-Aug. 22. You are feeling nostalgic for people or places from your past. Call up an old friend. You probably still have lots in common and certainly plenty of history to share.

♍ Virgo | Aug. 23-Sept. 22. If you are feeling restless, redo your living space for the holidays. Redecorating will give you a sense of accomplishment and pride.

♎ Libra | Sept. 23-Oct. 22. Be respectful when dealing with people from different beliefs, cultures and traditions. You may not agree, but you mustn't judge.

♏ Scorpio | Oct. 23-Nov. 21. Too much work and ongoing family issues have made you forget how to have fun. Take time out for you, whether with friends or by yourself. EUGENIA LAST

Sudoku: Easy and hard

		8		7		3		6
						5	1	
3				4	1		2	8
	9		6	1				
5								4
				5	8		7	
9	1		8	6				7
	2	6						
4		7		9		8		

		7	2	4		9		
6				5			7	
	8		7				3	1
							5	4
7		9				1		6
1	5							
4	7				9		1	
	6			7				9
		2		1	4	5		

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Letters

Obama doing a good job

Job performance: President Obama has to be doing a great job. Ebola is no longer an issue, as it has disappeared. Unemployment is below 6 percent, the stock market is at it highest ever, GDP was up four out of the last five quarters and the last quarter it was a robust 3.5 percent — a clear indication that the economy is growing. He is doing his utmost to ensure those unfortunate Americans obtain health insurance and he wants to fix immigration. The GOP does not want to fix health care and immigration. Americans should be thankful we are not losing 750,000 jobs a month. DENNIS NASCIMENTO, VIA EMAIL

Not a competition

I am so sick and tired of people describing whatever measures are taken to alleviate the plight of illegal immigrants as an insult to legal immigrants, as if the two groups were somehow in competition with each other. They are not. I came to this country as a legal immigrant and I know. The legal avenue is open only to people with proven exceptional skills plus a few lucky winners of the lottery. Illegal immigrants provide the much needed cheap labor that this country badly needs. This is the reality. PASQUALE G. TATO, VIA EMAIL

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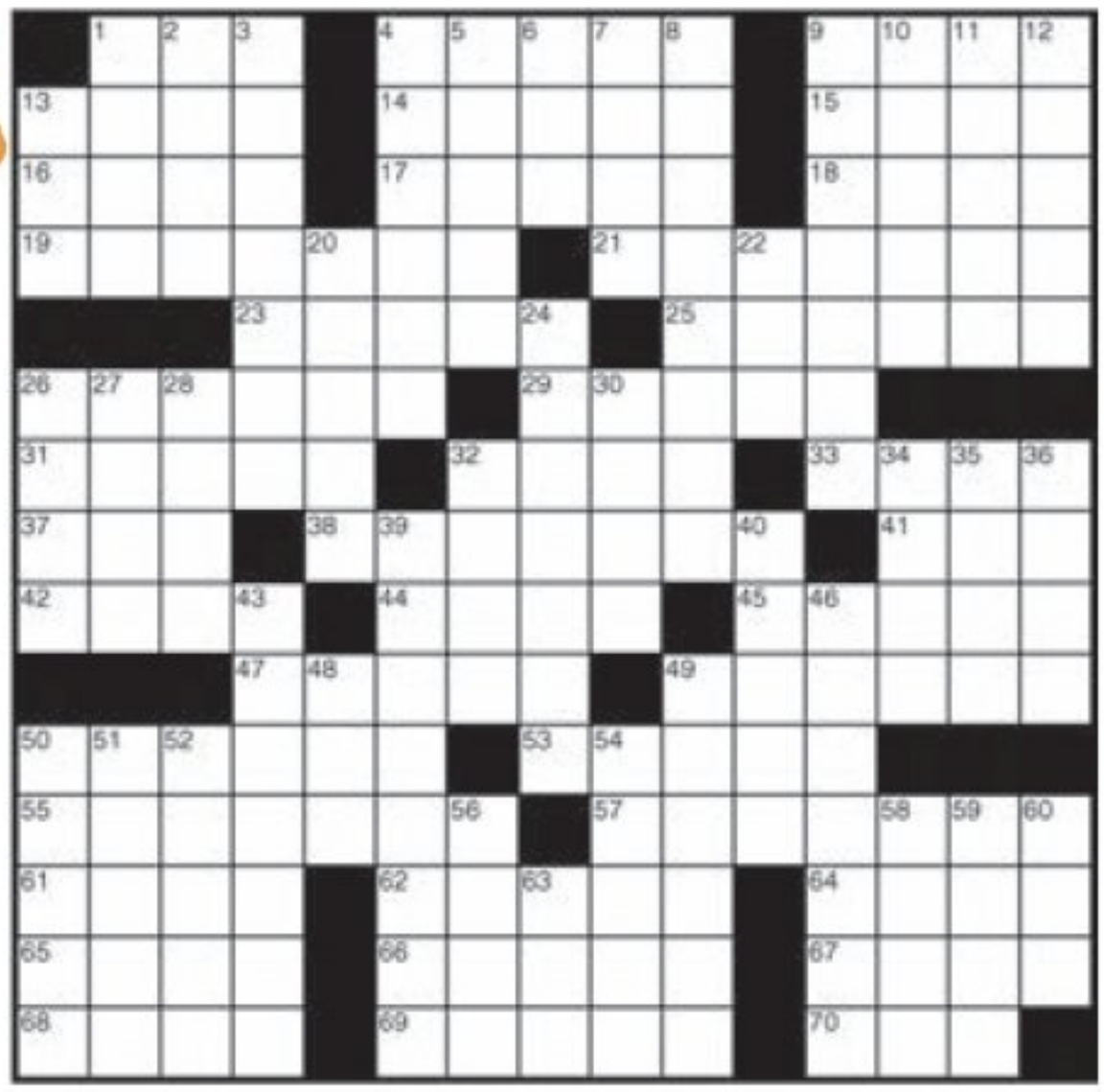
Crossword

Across
1 La —, Bolivia
4 Ramp alternative
9 Of immense extent
13 Berlin single
14 Erik the Red's language
15 Mme. Gluck of opera
16 Follow the recipe
17 Elite squad (hyph.)
18 Filly's footfall
19 Unit of heat
21 Bar sing-along
23 Historic march setting
25 Greeted the cat
26 Physicians
29 Grove
31 Fridge maker
32 Goods
33 Tot's tea party guest
37 Boot-camp sentence ender
38 Come before
41 Mauna —
42 Baja Ms.
44 Cow-headed goddess
45 Cheers
47 End-of-year temp
49 The competition
50 Not homogeneous
53 Steam room
55 Variety of beryl
57 So what? (2 wds.)
61 Writer— Morrison
62 Hawkeye
64 While away
65 Breezed through
66 Rodeo gear
67 Pinches off
68 Landscaper's shrub
69 King Midas' downfall
70 Earth, in combos

Down
1 Bread for a gyro
2 Indigo plant
3 Focuses on (2 wds.)
4 Escargots
5 Aleut carving
6 Exist
7 Ms. Dinesen
8 Updated an atlas
9 Left
10 Dispense
11 Kind of signal
12 Made a video
13 PC button
20 Brief summary
22 Second notes
24 Locust trees
26 M, to Einstein
27 Bahrain VIP
28 Pub missile
30 Bauxite and cinnabar
32 Into the sunset
34 Clay pot
35 Lounge about
36 Edinburgh girl
39 Circus name
40 Ogling
43 On horseback
46 Hedging
48 Battery size
49 Bankrupted
50 Pave over
51 It merged with BP
52 Chromosome units
54 Humiliate
56 Easy way out
58 McClurg of sitcoms
59 Dog-chow brand
60 Brown of renown
63 Misery

Weekend's answer



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3 SPORTS

Champs in town

76ers to host Spurs

The world champion San Antonio Spurs heading to town Monday at 7 p.m. to face the 0-16 76ers isn't exactly what the doctor ordered. But the lowly, winless squad will hope to build off a solid home effort against the Mavericks on Saturday as they prepare to perhaps end their losing ways a few days from now with a winnable trip to Minnesota on Wednesday.

Pack hangs on vs. Pats, Giants blow lead to Jags

NFL. The Packers won a possible Super Bowl preview Sunday, highlighting an afternoon of mostly blowouts.

Aaron Rodgers used a fast start and 368 passing yards (along with two touchdowns), to help build an early lead in Sunday's 26-21 Green Bay victory. Eddie Lacy's 98 yards rushing was also key. The Patriots nearly drove down the field to tie in the fourth but fell just short shy of the two-minute warning.

Jaguars 25, Giants 24
The Giants' (3-9) season from hell continues as their seventh straight loss came against the Jaguars (2-10). Jacksonville earned its second win of the season thanks to a Josh Scobee game-winning 43-yard field goal with 28 seconds left.

Falcons 29, Cardinals 18
Julio Jones was an absolute monster for Atlanta (5-7), breaking out for 189 yards and a touchdown, helping to lift the Falcons over the Cardinals (9-3). Arizona loses its second straight game and is suddenly in a dogfight for the NFC West.

Bengals 14, Buccaneers 13
Andy Dalton did a little of everything against the Bucs (2-10), throwing a touchdown pass to A.J. Green and running one in himself in a narrow victory over the Bucs. He also threw three interceptions, but the Bengals (8-3-1) defense was able to limit Tampa Bay's opportunities.

Rams 52, Raiders 0
One week after the Raiders (1-11) earned their dramatic first win of the season they suffered their worst defeat against the Rams (5-7), allowing four rushing touchdowns and coughing up five turnovers in a complete drubbing.

Saints 35, Steelers 32
Drew Brees threw five TD passes as the Saints (5-7) built a 35-16 lead early in the fourth quarter of a much-needed win on the road. Ben Roethlisberger's 435 yards weren't enough for the Steelers (7-5) to keep up pace.

Vikings 31, Panthers 13
The Vikings' (5-7) special teams unit blocked two Panthers (3-8-1) punts and returned each for touchdowns in a convincing home win.

Rodgers made a strong case for NFL MVP on Sunday. / GETTY IMAGES

Colts 49, Redskins 27
Andrew Luck had a monster day for the Colts (8-4), throwing for 370 yards, five touchdowns and an interception. Washington's Colt McCoy was solid, throwing three touchdowns of his own, but the Redskins (3-9) could not keep pace in Indy.

Texans 45, Titans 21
Ryan Fitzpatrick threw for a franchise-record six touchdowns and did not throw a pick for the Texans (6-6). DeAndre Hopkins was the main beneficiary of Fitzpatrick's big day as he caught nine balls for 238 yards and two touchdowns.

Bills 26, Browns 10
A pair of Bills (7-5) TDs in the third quarter was enough to put away the Browns. Johnny Manziel, in relief, scored the Browns' (7-5) lone touchdown with a 10-yard rush.

Chargers 34, Ravens 33
Philip Rivers came through in the clutch for the Chargers (8-4) as he found Eddie Royal for a one-yard touchdown pass with 38 seconds left in Baltimore (7-5).

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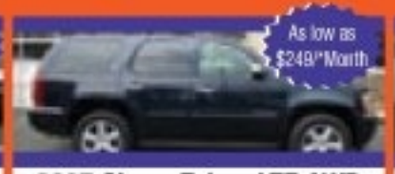
As low as $209/*Month	 As low as $249/*Month	As low as $243/*Month	As low as $233/*Month	As low as $233/*Month	As low as $239/*Month
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WHY COMPROMISE?

In the (relatively) sad state of Philadelphia sports, the Eagles have more wins that the Flyers and Sixers combined this fall. / GETTY IMAGES

Flyers sliding into standings freefall

NHL. The Flyers rarely were competitive in their home-and-home losses to the Rangers this past weekend.

It was a bit chilly inside the Flyers locker room following their lethargic 3-0 loss to the Rangers on Friday afternoon, and it had nothing to do with the bitter temperature outside the Wells Fargo Center.

Following their seventh loss in the last eight games, the Flyers chose some harsh words to describe their effort that day and the state of the team.

"Coming from the heart, from what I see, I think it's true [the effort has to better]," defenseman Nicklas Grossmann said. "Everyone needs to play at another level. Some nights guys do it but it comes back to consistency. Every shift matters. That is the mentality we need."

That attitude has been missing since the team returned from a five-day break in mid November. The fans expressed their dissatisfaction in the form of long and loud boos throughout Friday's contest.

"It's a team game and we need a lot more from everybody," Grossmann added. "And we are not playing a full game hard enough. We can't play 20 minutes and take 40 off. It's not going to work in this league. We need to clean that up, and we aren't going to be successful until we do."

It didn't get any better the next day on the back end of a home-and-home with New York. The Flyers were outplayed and outshot (35-22) during a 5-2 loss — for the 10 straight time in the regular season — at Madison Square Garden.

The effort was only slightly better than the previous afternoon.

"I think all in all we're not working hard enough," Wayne Simmonds said. "We don't have everyone going. If you don't have everyone going you're not going to win games and we don't have everyone going."

Team captain Claude Giroux said players are trying to do too much on their own instead of relying on their teammates.

"We aren't playing as a team," he said. "We are not playing the right way right now."

Defenseman Mark Streit called it a confidence issue.

"It's tough to find the reasons [why we are struggling] right now, but you have to stay positive," he said. "We are a good team."

However, the standings don't back him up. The Flyers have fallen to sixth place in the Metropolitan Division and are 13th in the Eastern Conference in front of Carolina, Columbus and Buffalo. Only Edmonton has fewer points than the Flyers in the Western Conference.

"I am not happy at this point," GM Ron Hextall said after Friday's performance. "I am not happy with our record."

If they are going to find their confidence, a consistent 60-minute effort and play as a team, it's going to happen away from the Wells Fargo Center, where they're 2-7-1. There next four games are at San Jose, Anaheim, L.A. and Columbus.

"We're definitely in a rut here," said goalie Steve Mason, who has played solid despite not getting results. "There is still a lot of time to make up room, but you can't let this keep sliding like this. It's unacceptable, it's embarrassing and we have to get going on a roll here."

Quoted

"It doesn't matter if we have 20 MVPs in here. It's not going to work if you don't put in the work. It's effort, work and sacrifice. It's all the old cliches, [but] it's true." Nicklas Grossmann

By the numbers

30

The Flyers' penalty kill ranks 30th in the NHL this season. The squad has killed just over 73 percent of its opponents power play chances.

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